

Term 1 AY 2024-2025 After School Activities Programme

6th October- 11th December - From 14.30 to 15.15



These are also open to children not enrolled in NWIS, bring your siblings or cousins... or friends!

Sunday

Grade 1 to Grade 4

<p>Sport Swimming Team <i>Open to both boys and girls. Enhance your technical skills in swimming to compete as part of our school team. You will represent the school in competitions.</i></p>	<p>Creativity Food Technology <i>Learn to cook paying attention to a carefully designed diet incorporating various cultural cuisines.</i> Musical Production (End of Year performance) <i>Prepare to dazzle our community audience in our Musical production. Put your creativity in action to produce sets, costumes, sing, act, manage actors... and much more!</i></p>	<p>Technology Robotics & Lego League <i>Use your imagination to develop construction and coding solutions to challenges set by LEGO with the aim is to qualify and participate in the international LEGO League. Find solutions to every-day dilemmas using technology and learn to code.</i></p>
<p>Academic boost Arabic Reading and Writing <i>Improve your Arabic for academic success. In this ASA, you will develop a technical vocabulary, and an understanding of how to communicate in the classroom, both in writing and while speaking.</i></p>	<p>Language English Speaking & Writing <i>Enhance your skill in spoken and written English, expanding the use of idioms and a range of vocabulary.</i></p>	<p>Life skills Quran <i>Memorise and discuss the poetic verses of the Holy Quran to be ready to compete in the National competitions.</i> Yoga <i>Practice to connect your body, breath and mind. It uses physical posture, breathing and meditation to improve your overall health. Led by a fully trained instructor.</i></p>

Grade 5 to Grade 10

<p>Sport Swimming Team <i>Open to both boys and girls. An afternoon devoted to familiarising students with swim technique and enjoying various swim activities to strengthen swim skills. You will represent the school in competitions.</i></p>	<p>Creativity Food technology <i>Cook various types of cuisines from different cultures, emphasising nutrition, cooking technique and presentation.</i> Musical Production (End of Year performance)</p>	<p>Technology Robotics & Lego League <i>Use your imagination to develop construction and coding solutions to challenges set by LEGO with the aim is to qualify and participate in the</i></p>
--	---	---

	Prepare to dazzle our community audience in our Musical production. Put your creativity in action to produce sets, costumes, sing, act, manage actors... and much more!	international LEGO League in the Summer Term. Find solutions to every-day dilemmas using technology and learn to code.
Academic boost Math IGCSE (Grades 9-10 only) <i>Improve your understanding of Mathematics in a smaller setting. Your teachers will support your growth in this area in a step-by-step process.</i>	Language English Productive Skills <i>Improve your writing and speaking skills in a smaller setting. Your teachers will support your development of communication strategies.</i>	Life skills Quran <i>Memorise and discuss the poetic verses of the Holy Quran to be ready to compete in the National competitions.</i> Yoga <i>Practice to connect your body, breath and mind. It uses physical posture, breathing and meditation to improve your overall health. Led by a fully trained instructor.</i>

Wednesday

Grade 1 to Grade 4

Sport Football Technical Skills <i>Technical skills development through focused training</i> Swimming Team <i>Open to both boys and girls. Enhance your technical skills in swimming to compete as part of our school team.</i>	Creativity Visual Artists Workshop <i>Develop your technique and dig deeper into a variety of media platforms and programmes to express yourself visually.</i> Music Instrument -Piano <i>Lead our school through music and practice for ensembles during assembly, performances, showcasing your Piano skills.</i>	Technology STEM Science Technology Engineering and Maths Projects <i>In a world facing global problems, you will develop the knowledge and understanding to master STEM and propose innovative ideas to solve today's problems</i>
Academic boost Mathematics for School <i>Improve your understanding of numbers and calculations in a small-group environment.</i>	Language English for School <i>Improve your English for academic success by developing a technical vocabulary, and an understanding of how to communicate in the classroom, both in writing and while speaking.</i>	Life skills Taekwondo <i>Open to both boys and girls. Train with medallist to develop discipline, respect and physical fitness. (Uniform 6 OMR).</i>

Grade 5 to Grade 10

<p>Sport Football Technical Skills <i>Technical skills development through focused training</i> Swimming Team <i>Open to both boys and girls.</i> <i>An afternoon devoted to familiarising students with swim technique and enjoying various swim activities to strengthen swim skills.</i></p>	<p>Creativity Music Instrument -Piano <i>Lead our school through music and practice for ensembles during assembly, performances, showcasing your Piano skills.</i> Visual Artists Workshop <i>Develop your technique and dig deeper into a variety of media platforms and programmes to express yourself visually.</i></p>	<p>Technology Software for School Workshop <i>Hone your skill in the digital space with useful software that will allow you to work more effectively and efficiently.</i></p>
<p>Academic boost Bio-Chem IGCSE (Grades 9-10 only) <i>Improve your understanding of Biology and Chemistry with an extra session per week. Your teacher will support your growth in this area in a step-by-step process.</i></p>	<p>Language Arabic Skills <i>Build your skill in Arabic by developing a technical vocabulary, and an understanding of how to communicate in many contexts, both in writing and while speaking.</i></p>	<p>Life skills Taekwondo 1 of 2 sessions* <i>Open to both boys and girls. Train with medallist to develop discipline, respect and physical fitness. (Uniform 6 OMR).</i></p>

Sunday & Wednesday

Parent Learning

<p>Life skills for adults (Sunday & Wednesday) Spanish for adults, beginners <i>Learn the fundamentals of the Spanish language and experience how your child/ren are learning in their weekly Spanish courses at NWIS!</i> English for adults, beginners <i>Learn the fundamentals of the English language and experience how your child/ren are learning in their weekly English courses at NWIS!</i></p>

Monday

Sport

Football Team Boys - Grades 3-10 (only Monday)

Football Team Girls - Grades 3-10 (only Monday)

Join this activity to learn and develop some football skills, tricks and team work. You will represent our school in the interschool competitions.

Thursday

Life skills

Taekwondo 2 of 2 sessions*

Open to both boys and girls. Train with medallist to develop discipline, respect and physical fitness. (Uniform 6 OMR).

Further Information

After-School Activity Fees

To encourage students to get excited about and participate in the ASA Programme, we are happy to announce that this year we are able to offer a discounted fee when committing for a full Academic Year:

Internal ASA:

- 1 Activity= OMR 30 total per term.
- 2 Activities= OMR 60 total per term

Fees discount if committing to ASA for the full* Academic Year and paying fees on 6th October:

- 1 Activity = OMR 80 total per Academic Year (3 Terms)
- 2 Activities = OMR 160 total per Academic Year (3 Terms)

[*Students will be able to change ASA in different Terms, if they wish]

External ASAs

Taekwondo (Wednesdays & Thursdays) – 60 OMR for the term to be paid by 6th October directly to **Taekwondo Oman**, we will share their bank details upon confirmation.